



## Services Provided

Services for women include but are not limited to:

- Ongoing assessment and screening
- Psychiatric and nursing care
- Group and Individual Therapy interventions that address issues of relationships, cognitive distortions, sexual and physical abuse, trauma, parenting, anger management, and symptom management, criminal thinking, and living skills
- Therapeutic child care services.
- Case management
- Transportation is provided to ensure that women and their children have access to services.
- Vocational assistance includes job training and educational resources, and other supports to allow individuals to gain experience and ability in the community.

## Who We Are

### About Us

The Abundant Life Program (ABL) is a 6 month residential facility. We are a grant funded program. We are designed to view recovery as an ongoing process to improve health and wellness and live satisfying self-directed lives for pregnant and parenting women. ABL uses evidenced based practices that address risk factors for relapse We empower our ladies to achieve their goals, help identify barriers to employment, education, housing, family roles and responsibilities, and to recognize unique strengths and natural supports in the community. ABL works with our ladies who are at high risk for relapse, are pregnant, have Child Protective Services or Family Support Involvement, criminal justice involvement, psychiatric disorders, and are sufficiently medically stable to participate in treatment. We strive to help women in the community with drug and alcohol problems recover and return to their local communities successful, sober and independent.

#### Contact Us:

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Dublin, GA 31021

(478) 275-6845 or (478) 275-6846  
Fax (478) 275-6843

Web: [csbmiddlegeorgia.wordpress.com](http://csbmiddlegeorgia.wordpress.com)



## ABUNDANT LIFE RESIDENTIAL FACILITY

*Community Service Board of  
Middle Georgia*



## The Goals of the Abundant Life Program:

The major emphasis of our program is on the Twelve-Step Treatment Model. Our goals are:

- 1) To help substance abusers gain a comprehensive understanding and acceptance of her disease.
- 2) To provide education and support to the substance abuser in order to identify her relapse triggers and facilitate the development of her own individualized comprehensive relapse prevention plan.
- 3) To provide education and support to the consumer that will assist her in enhancing her parenting skills and abilities to cope with the family aspect of the disease of addiction.
- 4) To provide vocational education which will assist the consumer to enter or re-enter the work force and maintain employment.

Recovery is a process. It takes time. One Step at a time , One day at a time, One hour at a time, One second at a time.

Abundant Life utilizes a holistic, evidence based approach for treatment

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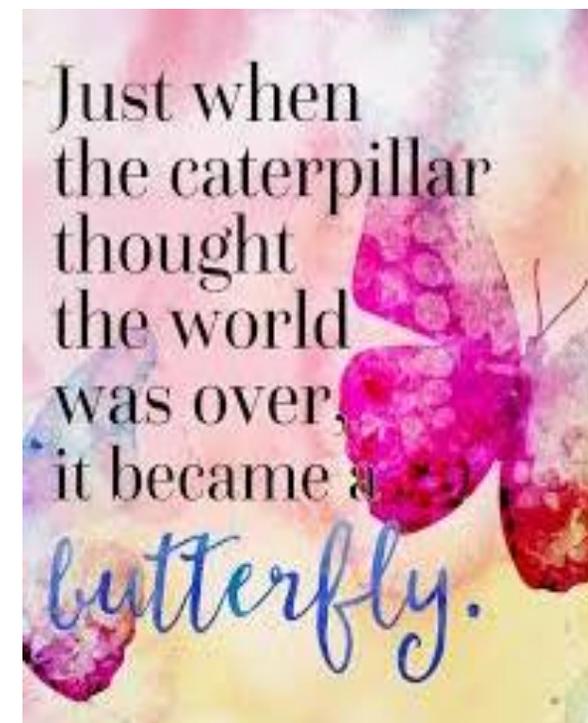
*“How does one become a butterfly? You must want to fly so much that you are willing to give up becoming a caterpillar.” -Trina Paulus*

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Abundant Life Intake Process  
Clients will need to bring with them:

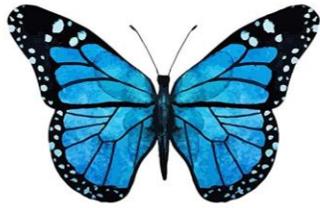
- **Photo ID**
- **SS Card (and/or) Birth Certificate**
- **Proof of Income:** (Pay Stubs, Letter from DFCS (stating you have food stamps), Letter from SS office (stating that you get a check each month), or letter from person that you live with (this is the last option))
- **Insurance Card** (If you have Insurance)
- **Medications**

In order for children to stay with you at Abundant Life you will need to bring with you. Please be aware of the **2 week waiting period** for children to come: Social Security Card, Shot records, and Birth Certificate



### Things To Bring:

Cigarettes, Shampoo/Conditioner (must be Alcohol Free), Deodorant (Alcohol free), Sanitary products (Tampons, Pads, and etc.), Clothes (Please only bring 10 days worth of clothing. Family will be able to bring items after your 2 week probation period.), Books (must be appropriate), Curling/flat iron/ hair dryer, Alarm Clock, Paper, Envelopes, Stamps, and Pen, Money (Please be aware that you are ultimately responsible for your own money. We do have a safe available that you may utilize.), Prescription Medication (Must be in original bottles, up to date, and legible (if you are not prescribed it, do not bring it), Laundry detergent (must be (HE) High Efficiency). Fabric Sheets/Softener, Televisions (there are is no cable hookup in the rooms. You must bring a DVD player.)



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## Women's Treatment and Recovery

We are a Women's Treatment and Recovery Support Residential Program. Which is a grant funded program. We have a referral base and we must select applicants in the order the Abundant Life referral application was received and by the guidelines that are placed upon us by the state of GA. At Abundant Life we have a total to 10 Beds: 4 TANF/CPS Beds, 5 SSBG/Non-CPS beds, and 1 Non-TANF. The 4 CPS beds are for women receiving TANF benefits or have an open CPS case with DFCS. The 5 SSBG beds are for women with dependent children. The 1 Non-TANF bed is for a woman who has no children, adult children, or has no custody of her children.

## Abundant Life Residential Facility

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*"She overcame Everything  
that was meant to destroy  
her"*

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### Interim Services

We will provide Interim Services to pregnant individuals that we are unable to admit within 48 hours and individuals that are using intravenous substances within 14 days to make interim services available within 48 hours.



### Prioritization Criteria

1. Pregnant women will be given priority status for admission to this program. If no slots are available, preference must be given to admitting her to another appropriate program, even if out of catchment area. If a provider is unable to admit a pregnant woman, provider must place her on a waiting list and within 48 hours, pregnant women must be in a program.
2. IV Drug users will be given second priority status for admission to the program. If no slots are available, preference must be given to admitting her to another appropriate program, even if out of catchment area. If a provider is unable to admit an IV Drug using woman, provider must place her on a waiting list and within 14 days, woman must be in a program.
3. High priority is given to women who meet the Needy Family Definition.
4. Preference is to be given to those women who are in a condition to benefit most from the services and opportunities provided by this program.