CSB-MGCHILD AND ADOLESCENT

2121A BELLEVUE AVENUE DUBLIN, GA 31021

478-275-6850



CSB-MGFAMILY SUPPORT













"Just because no one can heal or do your inner work for you, doesn't mean you can, should, or need to do it alone."

Lisa Olivera







WELCOME

MESSAGE

HERE AT COMMUNITY
SERVICE BOARD OF MIDDLE
GEORGIA WE ARE DEDICATED
TO PROVIDING THE FAMILIES
WE SERVE WITH RESOURCES
TO HELP THEM ALONG THEIR
JOURNEY TO HOPE. EACH OF
OUR FAMILY SUPPORT
GROUPS WAS DESIGNED
WITH THAT GOAL IN MIND. WE
HAVE A VARIETY OF GROUPS
THAT SERVE FAMILIES AND WE
INTEND TO GROW TO MEET A
VARIETY OF NEEDS.



OUR SUPPORT GROUPS
BEGAN IN 2020 WITH TWO
GROUPS AND WE ARE
PLEASED TO SAY WE ARE
CURRENTLY AT 10 AND
COUNTING. WATCHING OUR
SUPPORT COMMUNITY GROW
HAS BEEN A BEAUTIFUL
EXPERIENCE, AND WE WOULD
LOVE TO WELCOME YOU IN.











STRONGER TOGETHER

MISSION

The Stronger Together Chapter of the National Federation of Families is comprised of local parents and children's mental health advocates. We serve our local communities by advocating for mental health services for children and support for their families. We are motivated by our passion and our experience. It is our goal to create an environment that normalizes mental health treatments and generates a nurturing, supportive environment. We add value to our families by letting them know they never have to fight alone again. No matter what they have struggled through we are here and we understand their struggle.

PHILOSOPHY

We are founded as an organization to provide support for families and advocacy for children. We will maintain a supportive environment filled with love and appreciation for our families. It is our philosophy that all children are wonderfully unique and deserve the best care possible.

FOUNDER

Stronger Together was founded in 2020 as a chapter of National Federation of Families by Amber Wilkes, MS, CPS-P in conjunction with Community Service Board of Middle Georgia.

Amber is a mother of two children, both of whom have a diagnosis. She was motivated through her own experience to create a community where parents wouldn't have to feel isolated on their journey. She wanted to provide a safe space for families to tell their stories and find support and resources to benefit the entire family.

- 9 478-279-8385
- www.facebook.com/StrongerTogetherFoF
- @strongertherfof
- Federation.StrongerTogether@gmail.com
- awilkes@csbmg.com













STANDING TALL

MISSION

Standing Tall mission is to bring parents and child advocates together for the good of families everywhere. Standing Tall's passion is to walk along side the families and give them a voice when they can not find their own. It takes a village to raise kids and Standing Tall wants to be a part of that village.

VISION

Standing Tall's vision is to walk along side families and help be the voice they need.

FOUNDER

Danielle Wright CPS-P is the founder of Standing Tall. She is a mother of 2 young men 25 & 21 and a 13-year-old daughter. Adopted 2yr old daughter.

The foster mom to a set of triples and 2yr old. She is a part of the community that gives support where it is needed and finds resources for her community.

- **9** 478-230-7253
- ddwright@csbmg.com













D.A.D.S.

MISSION

We are a group of real dads with real life experience. Together we Dedicated to give all dads the support and encouragement they deserve. We want tot be Able to make a difference in every dad's life by being Determined to show every dad that they have a Supporter.

VISION

We believe that all dads have the right to have the support they need for their journey. They have the right to their own success story no matter what that looks like to anyone else. As dads with real life experience, we believe it is our privilege and responsibility to walk their journey with them.

FOUNDER

George "Leon" Garren, CPS-P founded D.A.D.S. as a safe, supportive space for fathers. He was inspired by his own experiences as a father to create this group. George currently works with CSB-MG as a Care Coordinator for HOPE IC3. He has a heart for families that is exhibited throughout his advocacy efforts.

- **Q**478-697-5263
- dadsfordads@yahoo.com













STRAIGHT OUT OF DUBLIN YOUTH M.O.V.E.

MISSION

Our mission is to have a positive impact on other youths' lives as well as the community by developing leadership and life skills, empathy for the needs of others, and a sense of connectedness, purpose, and efficacy while making a positive difference within our local region. We strive for young individuals to have their own voice and encourage youth to make their own journey possible.

VISION

Our youth within our community will overcome stigma and social hardships by engaging in uplifting activities, a person-centered familyhood, and utilizing outreach projects in order to encourage community involvement, mental health awareness, and youth development as a collective whole.

FOUNDER

Claire Bonnell, CPS-MH, CPS-AD is a fierce community advocate. She is motivated by her passion and experience to uplift and empower youth within the community. She works diligently to create environments that are welcoming and healing. Claire has provided a safe space within our community where youth can express themselves and use their voice to advocate for the services, resources, and changes they feel are needed within their personal journey and the communities that they are a part of.

- **9** 478-290-3355
- straightouttadublinym@gmail.com
- f @YM Dublin









RAISING 2 GENERATIONS

MISSION

Raising 2 Generations is a group dedicated to grandparents raising their grandchildren. We recognize the unique challenges that come with raising a second generation. This group was founded to build a supportive community designed specifically for grandparents. This group is a safe space to discuss challenges, gain insight, and even brag a little on your grandchildren. We will work with you to connect you to the resources your family needs to thrive.

VISION

Grandparents will come together in a safe environment to connect with each other and build a community. We will discuss topics selected by the grandparents and work to connect them with resources within the community as needed.

PHILOSOPHY

We will walk beside you on your journey. We are here to support and encourage, and we support the vision, dreams, and desires you have for your family. We agree that you know what is best, and we are here to support you in your family's journey in the capacity that you desire.

MEETINGS

We meet for lunch monhtly. For more information, please contact us. We would love to have you as a part of our group!

- 9 470-273-6794
- Iwilliams@csbmg.com









WHEELER COUNTY PARENT CAFÉ

MISSION

We work with the school system to promote parent involvement and provide an outlet for parents to connect over shared experiences. We want this to be a fun, collaborative environment where families can build connections with each other, the school system, and the community. We welcome families from all walks of life and work hard to foster an environment that is inclusive and welcoming.

VISION

Wheeler County Parent Café was designed in partnership with Wheeler County schools to promote family involvement within the education system and provide parents with a supportive community.

MEETINGS

We meet monthly in the Wheeler County School cafeteria. We serve dinner and have a speaker deliver a message on a topic selected by the parents we serve. The meetings often include team building activities as well. Each meeting is catered to the wants and needs expressed by the families we serve.

- **9** 478-273-6794
- Iwilliams@csbmg.com









DODGE COUNTY PARENT CAFÉ

MISSION

We work with the school system to promote parent involvement and provide an outlet for parents to connect over shared experiences. We want this to be a fun, collaborative environment where families can build connections with each other, the school system, and the community. We welcome families from all walks of life and work hard to foster an environment that is inclusive and welcoming.

VISION

Dodge County Parent Café was designed in partnership with Dodge County schools to promote family involvement within the education system and provide parents with a supportive community.

MEETINGS

We meet monthly in the Dodge County High School cafeteria. We serve a meal and have speakers discuss on topics selected by the parents we serve. The meetings often include team building activities as well. Each meeting is catered to the desires expressed by the families we serve.

- **478-275-6850**









ESSENTIAL PIECES ABA

OVERVIEW

Essential Pieces offers Autism Services and utilizes Applied Behavioral Analysis -or ABA- which is widely recognized as the most effective, evidence -based therapy for the management of some autism related symptoms. Studies indicate that the earlier children receive ABA therapy, the more gains they make. We use this proven treatment approach to develop a customized treatment plan to help each child reach his or her full potential. In addition to ABA services we also serve as a "hub" for local families to gather much needed resources and referral opportunities for local ASD related services.

MISSION

To improve the overall quality of life of individuals and families impacted by autism by providing exceptional strength-based child and family-centered therapies and family supports based on the principles and practices of applied behavior analysis.

FAMILY SUPPORT GROUP:

Meets via zoom on the 2nd Tuesday of every month beginning at 6pm. Provides monthly guest speakers covering a wide range of topics that directly impact the lives of the families we serve. Topics include: Behaviors, IEP Advocacy, Special Needs Trusts and Financial Planning, ABA Strategies, Overview of ABA services, and more! Follow us on FB at: Essential Pieces ABA Center to get the most up to date calendar of events and announcements of upcoming support group topics. You can also join our "Remind" thread by texting @ab2f93 to the number 81010.

SIBLING SUPPORT GROUP:

Meets in person every other Monday of the month at 110 Russell Dr, Building 6 from 6:00-7:00pm. Open to children on the Autism Spectrum as well as their siblings. A safe space for all who enter! Follow our Facebook page for the most up to date announcements and meeting topics!

CONTACT US

478-275-6850









APOYO A LA FAMILIA HISPANA

HISPANIC FAMILY SUPPORT

MISIÓN

Nuestra misión es servir a la comunidad hispana y proporcionar recursos para ayudarlos a prosperar. Estamos dedicados a escuchar a cada familia para servirles mejor. Trabajaremos en colaboración para brindar recursos a las familias a las que servimos y brindar apoyo donde sea necesario para cerrar la brecha entre los servicios necesarios y los servicios recibidos. Nuestra misión es reducir el estigma que rodea a la salud mental a través de la acción y la participación comunitaria.

MISSION

Our mission is to serve the Hispanic community and provide resources to help them thrive. We are dedicated to listening to each family in order to best serve them. We will work collaboratively to bring resources to the families we serve and provide support where needed to bridge the gap between services needed and services received. It is our mission to reduce the stigma surrounding mental health through action and community engagement.

VISIÓN

Aspiramos a construir un entorno acogedor que sirva a la comunidad hispana a través de la comunicación y la acción. Construiremos este ambiente basado en las necesidades expresadas por las familias dentro de la comunidad hispana y trabajaremos diligentemente para asegurar que cada voz sea escuchada.

VISION

We aspire to build a welcoming environment that serves the Hispanic community through communication and action. We will build this environment based on expressed needs from families within the Hispanic community and we will work diligently to ensure each voice is heard.

CONTACT US

478-290-7362



DIRECTORY

"Anything is possible when you have the right people there to support you."

Misty Copeland







CHAPTER NAME	GROUP LEADER	CONTACT
STRONGER TOGETHER	AMBER WILKES	478-279-8385
STANDING TALL	DANIELLE WRIGHT	478-230-7253
D.A.D.S.	LEON GARREN	478-697-5263
STRAIGHT OUT OF DUBLIN YOUTH M.O.V.E.	CLAIRE BONNELL	478-290-3355
RAISING 2 GENERATIONS	LOUIS WILLIAMS	478-273-6794
WHEELER COUNTY PARENT CAFÉ	LOUIS WILLIAMS	478-273-6794
DODGE COUNTY PARENT CAFÉ	TOINETTE FIELDING	478-275-6850
AUTISM FAMILY SUPPORT GROUP	MONIQUE ALLEN	478-275-6850
AUTISM SIBLING SUPPORT GROUP	MONIQUE ALLEN	478-275-6850
HISPANIC FAMILY SUPPORT	MARIA WILLIAMS	478-290-7362