

## WHAT ARE WE?

SPARK! Is an Adult Peer Support Day Service Program that promotes Personal Development and Wellness as a means to acquire a more meaningful life.



### Mission Statement:

We are dedicated to providing those we serve with quality innovative behavioral healthcare in a recovery-based environment.

### Vision Statement:

We will be recognized as a state leader in comprehensive behavioral healthcare providing integrated cost-effective services.

## Heart of SPARK

Here at SPARK, we recognize the value of wellness connections and the ability to relate to others with behavioral health experiences. It is our belief that shared lived experience is one of the best ways to gain support. That's why many of our staff themselves are people with lived experiences of behavioral health disorders. This is an evidenced based practice called Peer Support. Peer Support is recognized as an essential component to the Recovery Process.

# S.P.A.R.K.

Supporting Peers  
Along Recovery's  
Kaleidoscope



9:00am-2:00pm  
Monday - Friday

Building 2  
2121 A Bellevue Rd,  
Dublin, Ga. 31021

(478) 272-1190

# Peer Support Groups Skills Learned:

Peer support refers to support from a person who has knowledge from their own experiences with a behavioral health challenge.

- ✧ Social
- ✧ Occupational
- ✧ Crisis intervention
- ✧ Financial
- ✧ Medication Education
- ✧ Hygiene
- ✧ Mental Wellness
- ✧ Physical Health
- ✧ Relapse Prevention
- ✧ Self-Advocacy
- ✧ Whole Health Recovery



*“The beauty and magic of thinking of life as a kaleidoscope is that you take all the moments of life, the good, the bad, and even the ugly and shuffle the sparkly bits and pieces together to create a spectacular beautiful image, unique and precious because we understand that the slightest shift can change the picture.”*

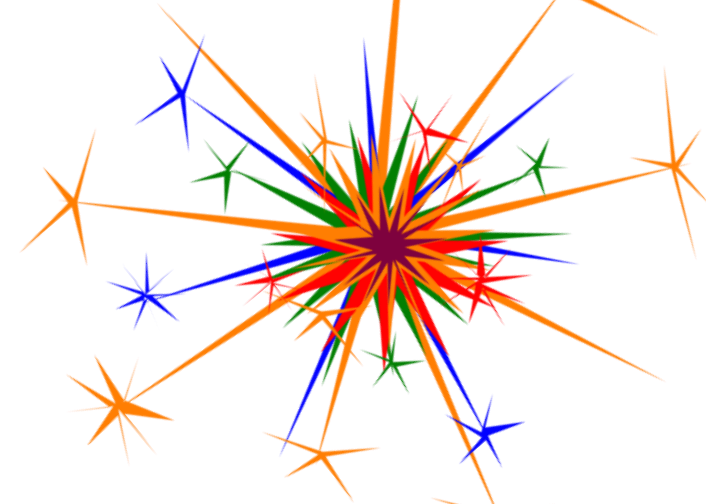
*You can embrace the nature of the kaleidoscope, to keep moving, growing, and seeing beauty in each new perspective as a natural part of your journey to becoming the person you are meant to be.”*

-Marquita Herald in Adaptability



## WHY SPARK?

Because we believe that everybody has the opportunity to learn, grow, better their lives and live as independently as possible. Many of us have walked similar paths and your story matters.



## Did this information “SPARK” your interest?

Speak with your Behavioral Health Doctor, Therapist, or Community Case-Manager. They can help assist with the referral process and our transportation supports.

