

Services are funded by the Department of Behavioral Health and Developmental Disabilities (DBHDD)

and are available to eligible individuals at no charge.



# Community Service Board of Middle Georgia

Semi-Independent
Residential Program
&
Addictive Disease
Intensive Outpatient
Transitional Services



For referrals call: (478) 289-2486

The Community Service
Board of Middle
Georgia is dedicated to
providing those we
serve with quality
innovative behavioral
healthcare in a
recovery-based
environment.





## **Braswell House**

207 North Anderson Drive Swainsboro, GA 30401

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www.csbmg.com

# Addictive Disease Semi-Independent Residential Program at Braswell House

Community Service Board of Middle Georgia's Semi-Independent Residential Program is located in Swainsboro, Georgia. The program provides a safe, stable, drug-free residence to 10 co-ed individuals for a minimum of 30 days who are discharging from a DBHDD Crisis Stabilization Unit (CSU) or hospital without a safe and sober home environment to return. Transportation is provided from the CSU to Braswell House. Transition planning begins at the onset of services. Discharge care will be coordinated with the individual's provider(s) in his or her county of residence.

Braswell House is a fully-furnished 4 bedroom facility. Staff are onsite at all times.

Semi-Independent Residential Services <u>must</u> coincide with the Addictive Disease Intensive Outpatient Transitional Services.

## Eligible Individuals

Adults who are diagnosed with substance abuse disorder as their primary diagnosis

#### and

who have successfully completed treatment at a CSU or hospital.

### **Admission Criteria**

- 1. DSM V primary diagnosis of Substance Dependence or Abuse
- 2. Successful completion from a CSU or hospital with further substance abuse treatment recommendation
- 3. Lack of safe and stable housing has been a barrier to self-sufficiency
- 4. Benefit from participating in an Intensive Outpatient Program with the addition of a sober, supportive living environment in order to become self sufficient
- 5. Appropriate level of readiness and willingness for behavioral changes in order to promote a safe and alcohol and/or drug free lifestyle
- 6. Meet the diagnostic and dimensional criteria for ASAM Level III.1
- 7. No significant cognitive and/or intellectual impairments that will prevent participation in and benefit from the services offered and have sufficient cognitive capacity to participate in and benefit from the service offered



Admissions are conducted during business hours Monday through Friday to ensure appropriate staff is available for a seamless transition.

## Addictive Disease Intensive Outpatient Transitional Services (IOP)

The Addictive Diseases Transitional IOP emphasizes reduction in use and abuse of substance and/or continued abstinence; the negative consequences of substance abuse; development of social support networks and necessary lifestyle changes; educational skills; vocational skills; improved family functioning; the understanding of addictive disease; and the continued commitment to a recovery program.

Services are provided according to individual needs and goals as articulated in the treatment plan.



The IOP program is 20 hours a week, meeting 5 hours a day, 4 days a week. IOP is conducted at the Emanuel Outpatient Clinic.

The IOP services <u>must</u> coincide with the Addictive Diseases Intensive Outpatient Transitional Services.