

# PSR-I A Community Support Service

## Psychosocial Rehabilitation Individual A

Psychosocial Rehabilitation-Individual (PSR-I) services consist of rehabilitative skills building, the personal development of environmental and recovery supports considered essential in improving a person's functioning, learning skills to promote the person's self-access to necessary services and in creating environments that promote recovery and support the emotional and functional improvement of the individual.

**The service activities of Psychosocial Rehabilitation-Individual include:**

1. Providing skills support in the person's self-articulation of personal goals and objectives;
2. Assisting the person in the development of skills to self-manage or prevent crisis situations;
3. Individualized interventions in living, learning, working, other social environments



### Some of the things a Case Manager will help do...

- Service is provided in home or community
- You will meet with case manager 2x per month
- Visits will be Mon-Fri between times of 9 to 4
- Case manager will help Identification, with the person, of strengths which may aid him/her in achieving recovery, as well as barriers that impede the development of skills necessary for functioning in work, with peers, and with family/friends;
- Assistance in the development of interpersonal, community coping and functional skills
- Assistance with personal development, work performance, and functioning in social and family environments through teaching skills/strategies to ameliorate the effect of behavioral health symptoms;